

# Parenting Your Gifted Child

## What:

Guided Discussion Group for Parents of Gifted Children

## When:

Eight Thursdays, April 9 – May 28, 2015,  
7:00 p.m. - 9:00 p.m.

## Where:

Innovative Learning Center  
5323 Cemetery Rd, Hilliard, OH 43026

## Facilitated by:

Heather Cachat, M.Ed., *Certified SENG Facilitator & Trainer*  
Jeanne Melvin, M.Ed., *Certified SENG Facilitator*

## Cost:

\$200.00 per couple/individual

Includes:

- 350+ page comprehensive book, *A Parent's Guide to Gifted Children*
- Weekly handouts
- Access to free lending library

## Contact:

[www.centralohiogiftedsupport.com](http://www.centralohiogiftedsupport.com)  
[cohgs@earthlink.net](mailto:cohgs@earthlink.net) or 614-361-4712

## Discussion Group Objectives

- ❖ Provide an environment to support and guide.
- ❖ Increase awareness of the special emotional needs of gifted children and their families.
- ❖ Develop the skills needed for parenting the emotional development of talented children.
- ❖ Provide resources to enhance understanding of gifted/high potential or twice exceptional children as well as programs and opportunities to meet their needs.

## About SENG

SENG's mission is to empower families and communities to guide gifted and talented individuals to reach their goals: intellectually, physically, emotionally, socially, and spiritually. For more information please see:

[www.sengifted.org](http://www.sengifted.org)

## How to Register

Complete the attached Registration Form & return it to:  
Central Ohio Gifted Support

1232 Colette Ct.

Columbus, OH 43228

Or go online to [www.centralohiogiftedsupport.com](http://www.centralohiogiftedsupport.com)

## What past Participants have said about SENG

### Groups:

- ✓ "It has helped to discuss the book as opposed to just reading it. I feel like I understand my children better and am more accepting of their quirks."
- ✓ "I do not feel as alone now."
- ✓ "It was a relief to finally be in a setting where I could talk openly about our sons and not feel I was bragging and where everyone understood! Great atmosphere."
- ✓ "This class has strongly changed my parenting techniques because I did not realize how special gifted kids are and how they need different techniques to help them grow."
- ✓ "Attendance is well worth the time investment! And the thinking investment. Thank you so much for providing this opportunity."
- ✓ "I'm more patient dealing with sibling rivalry. It helps to really learn why gifted kids do what they do so we as parents won't get as frustrated."



Central Ohio Gifted Support, LLC  
Keeping the wheels turning.



## About Your Facilitators

Heather Cachat

Passion drives our motivation. Discussion cements our understanding and reveals our needs. A life-long learner, Heather has found her passion in teaching gifted children for over a decade, inspiring these amazing young minds to fly higher and reach their goals. However giftedness is more than a student's academics. Knowing and understanding the social and emotional aspect of giftedness is vital for a student to develop their potential. This understanding extends to the family as well, and parents need similar support to interpret and embrace how giftedness affects family dynamics. Heather lives in Columbus with her husband and two young children.

Jeanne Melvin is a veteran educator who has raised three gifted children of her own. After 24 years as an elementary classroom teacher, she ventured into gifted education to learn more about the cluster of talented students in her class and to better understand some of the unique characteristics of her gifted daughters. That experience provided many opportunities for self-discovery as well. Before her retirement in May, 2014, Jeanne was a gifted teacher in a central Ohio public school system, where she provided a weekly pullout program for students in grades K-5. She strongly believes that parents, educators, and family health professionals need to learn to recognize and accept the quirky intensities of gifted children and to provide strategies to help them succeed in life. Jeanne lives in the Worthington area.

Disclaimer - This is not a school sponsored activity.

## Why a Parent Discussion Group?

Parents are a child’s first teacher and they continue to be teachers throughout the child’s life. To be effective teachers, advocates and mentors, however, parents themselves continually need sources of information and support. Parents of gifted and talented children will find such resources through guided discussion groups.

### Topics include:

- Characteristics, ID, Testing, & Identity Formation
- Communication
- Motivation and Underachievement
- Discipline and Self-Management
- Stress and Depression
- Acquaintances, Peers, and Bullying
- Family Relationships
- Traditions, Parenting, Media, Talent

Our discussion group uses the SENEG (Supporting Emotional Needs of Gifted) model, and offers a place to freely talk about your child’s development and your parenting challenges.

Any parents are welcome to attend, and participants do

not need to have a formally identified child. It is best if two adults involved in the child's life come each week. This can include aunts, uncles, grandparents. Participants find great benefit in discussing the weekly group with each other and how it applies to their child. Support comes in all numbers, so please feel welcome if only one family member can attend.

SENG discussion groups are designed to help parents connect with other parents in a meaningful way. To honor this, groups will be limited to 8-18 participants. If there are more interested people than space allows, participants will be added to a waitlist for future discussion groups. If we have fewer than six households register, we will have to cancel because of the difficulty of maintaining momentum in discussions with such a small group. If cancellation happens, your cost will be refunded.




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### Registration Form Pre-registration is required. Registration will close on Monday, March 30, 2015.

Name: \_\_\_\_\_ Phone (daytime): \_\_\_\_\_

Address: \_\_\_\_\_ Phone (evening): \_\_\_\_\_

Email: \_\_\_\_\_

#### Child Information

(Please indicate by \* any children who have been identified as gifted and # if twice-exceptional.)

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|---------------|-----|-----|-------|-----------------|
| Name of Child | Age | Sex | Grade | School/District |
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How did you learn about this group?

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We will send you a confirmation letter shortly, along with a copy of [A Parent's Guide to Gifted Children](#). This will allow you to read some of the book even before the first group meeting. If you have any questions, please call Heather Cachat at 614-361-4712. We look forward to seeing you at the group meetings.

**Please send registration and check payable to:**

**Central Ohio Gifted Support, LLC, 1232 Colette Ct., Columbus, OH 43228.**